

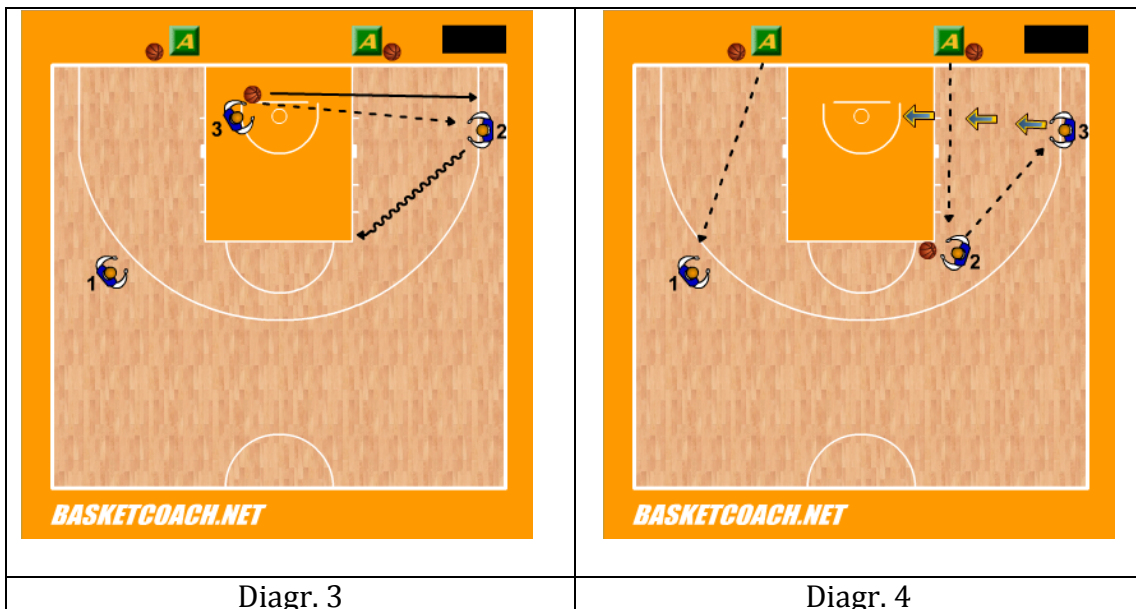
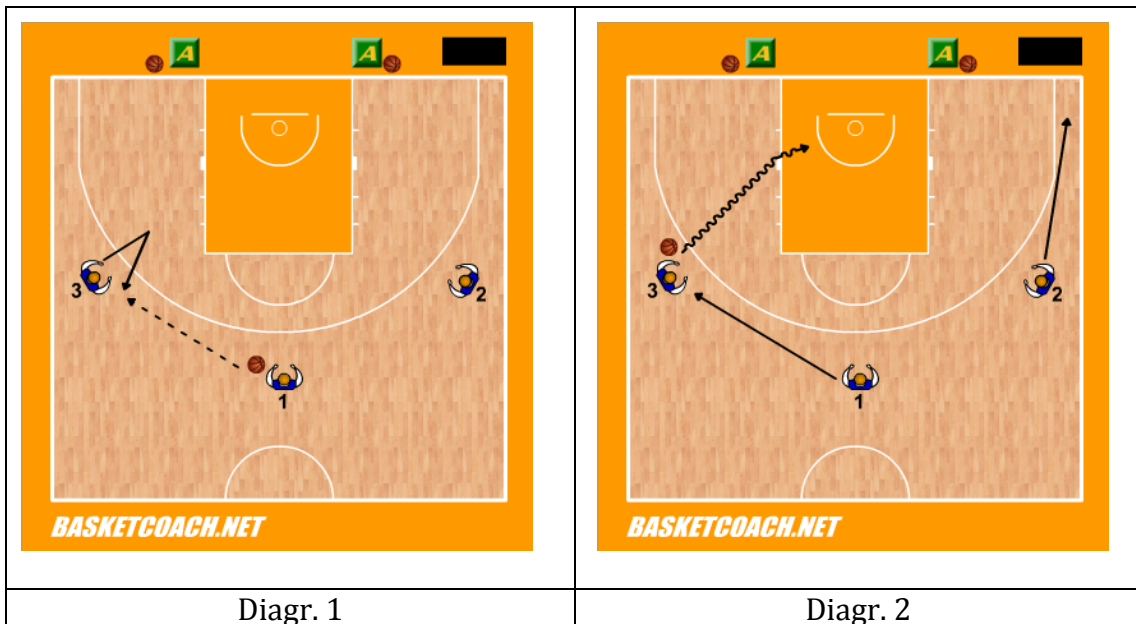
# USAP

## COACH FEDERICO FUCA'

### COLLABORAZIONI OFFENSIVE

+ tiro con due palloni

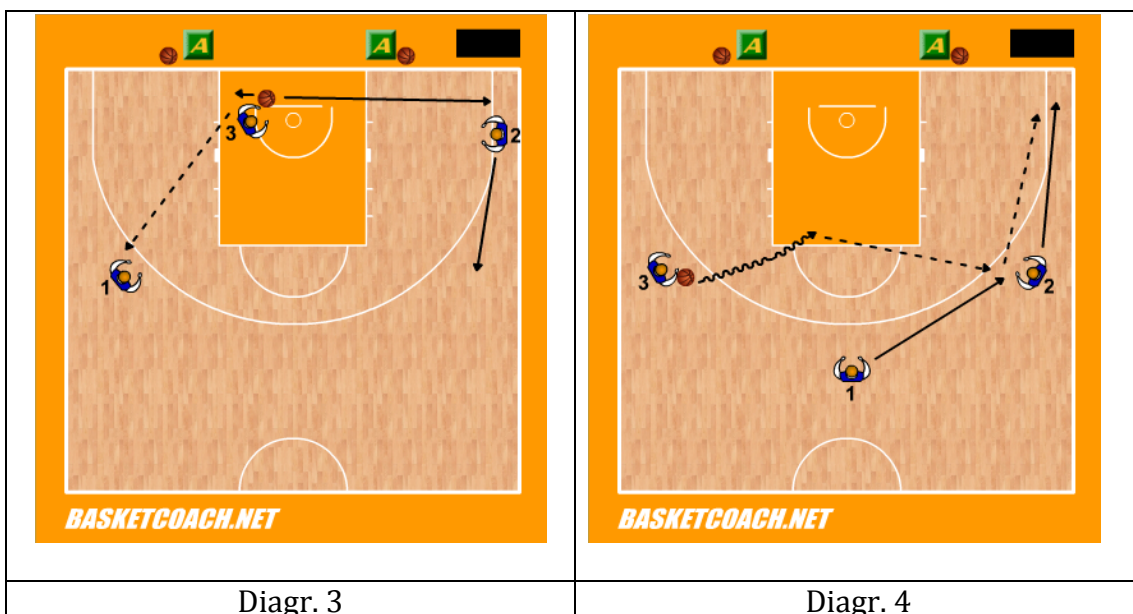
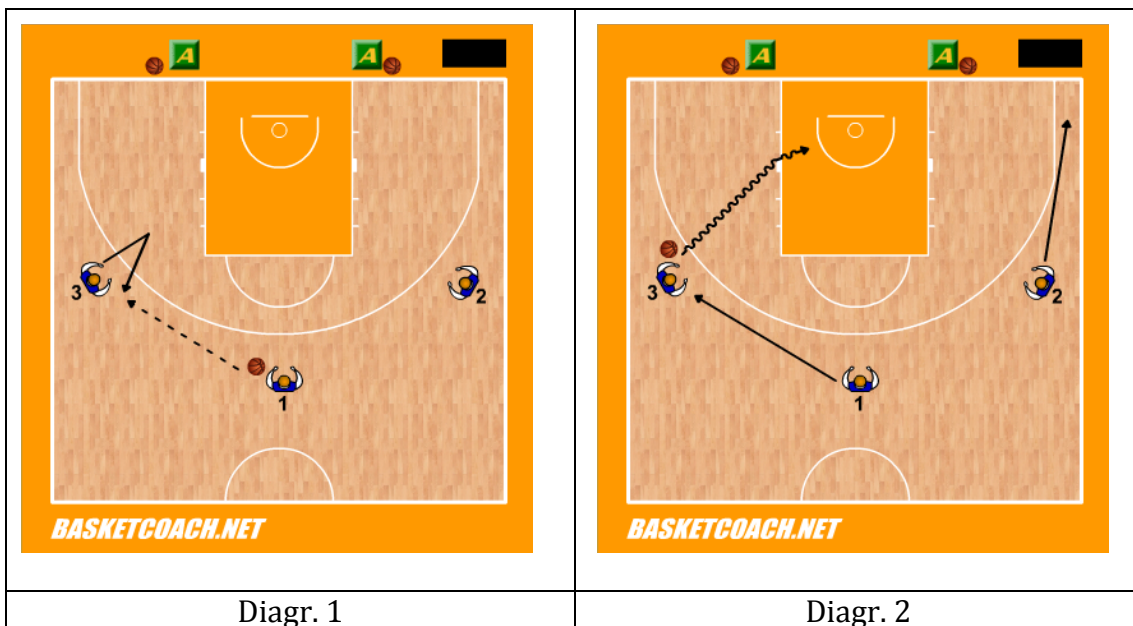
#### ESTERNI

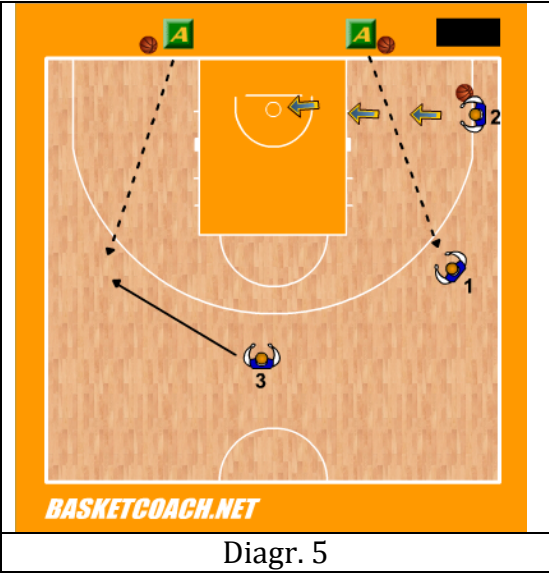


# COLLABORAZIONI OFFENSIVE

+ tiro con due palloni

## ESTERNI



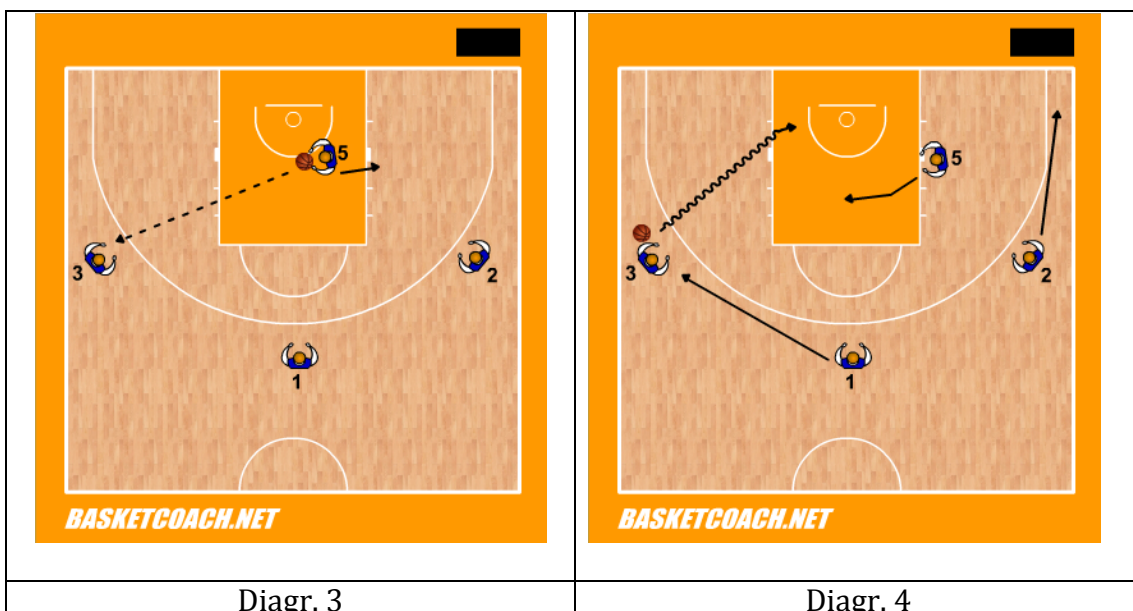
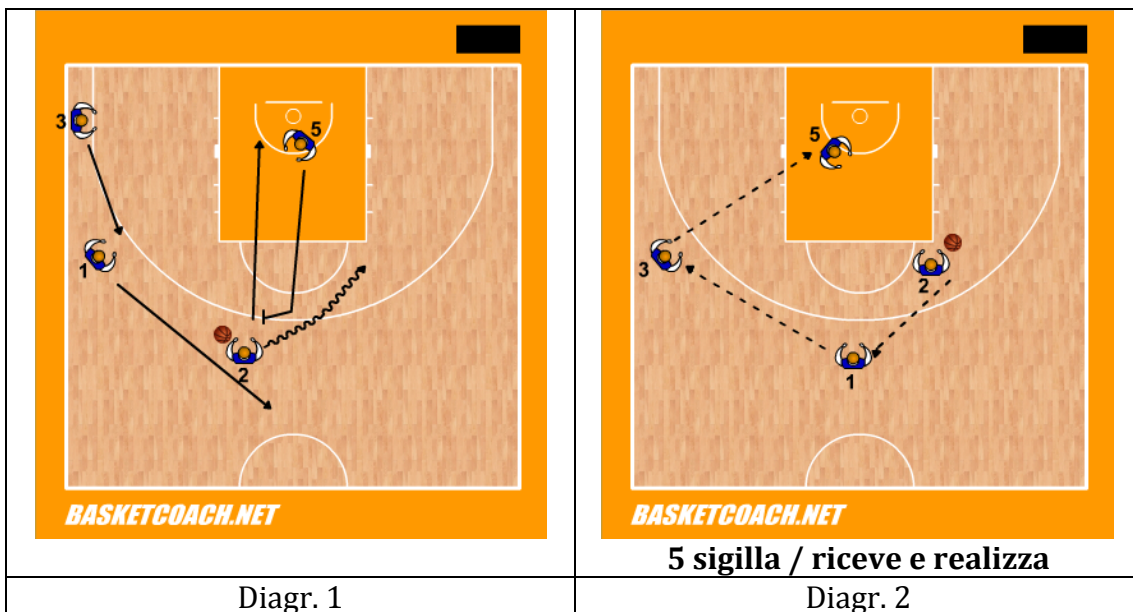


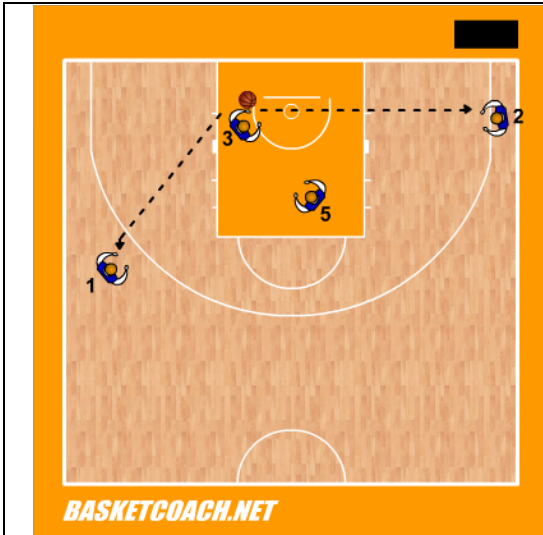
Diagr. 5

# COLLABORAZIONI OFFENSIVE DA TOP P/R

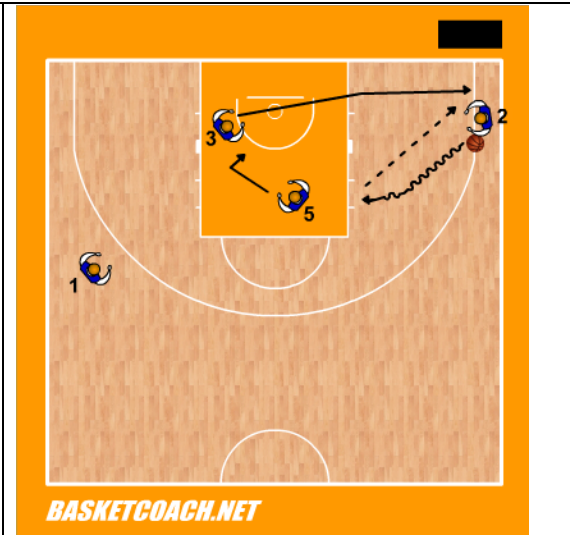
+ tiro con due palloni

vs DROPP

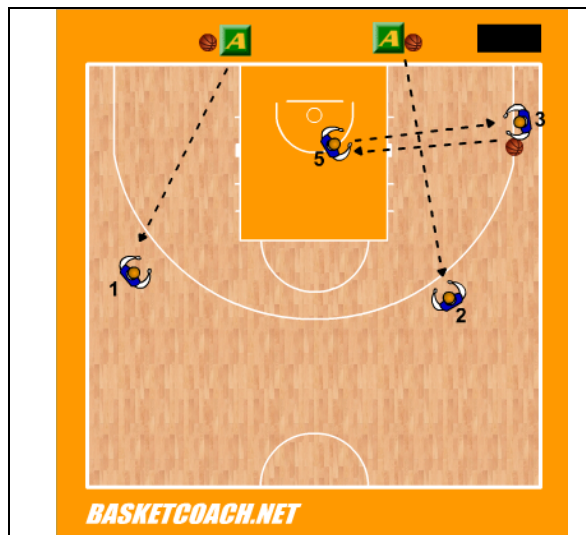




Diagr. 5



Diagr. 6

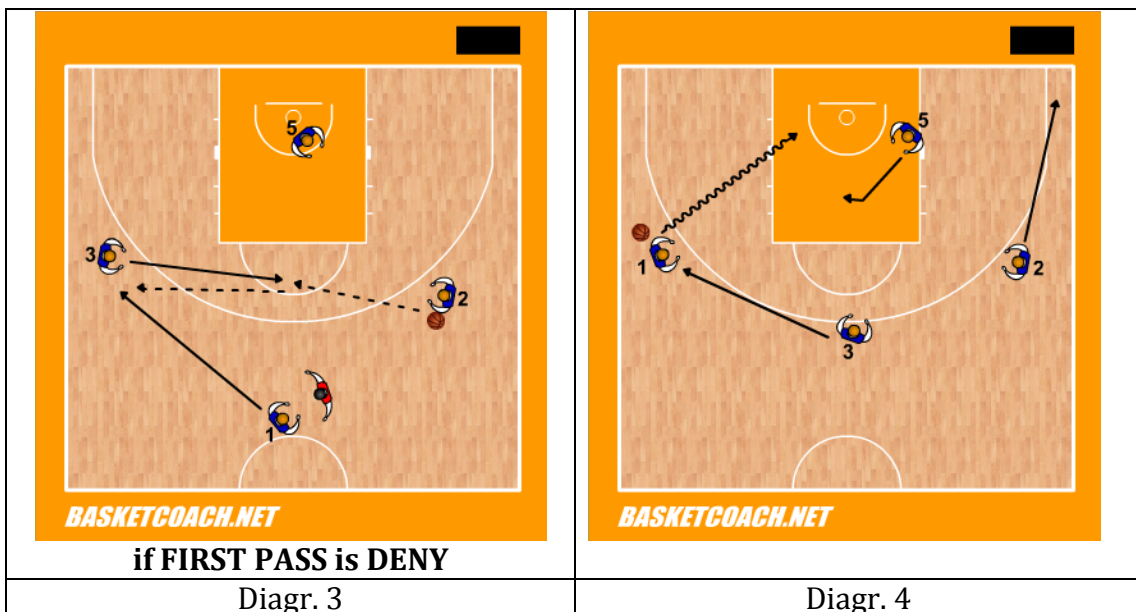
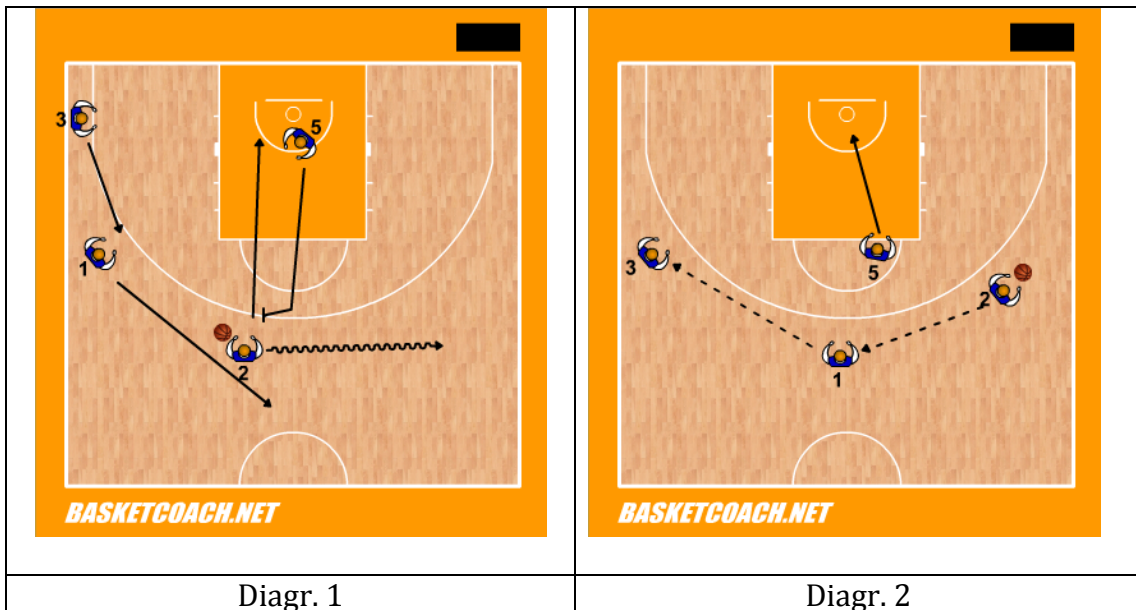


Diagr. 7

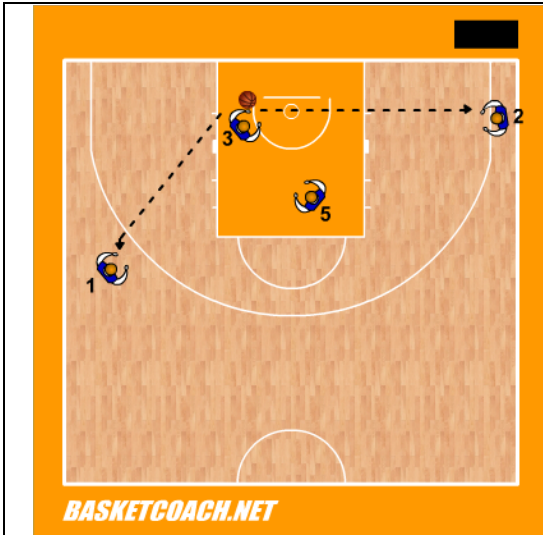
# COLLABORAZIONI OFFENSIVE DA TOP P/R

+ tiro con due palloni

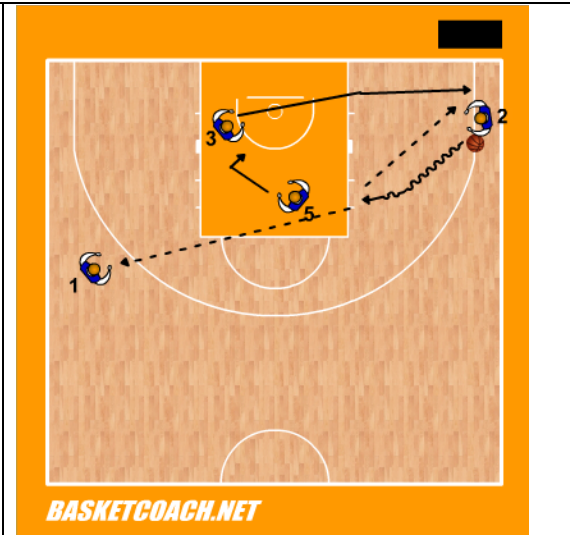
vs SHOW



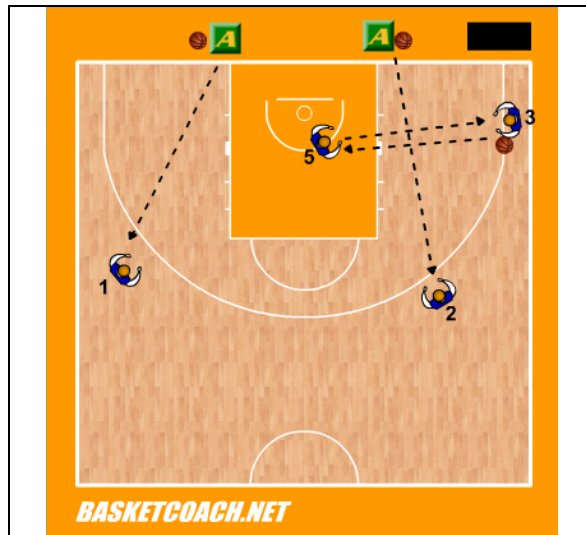




Diagr. 5



Diagr. 6

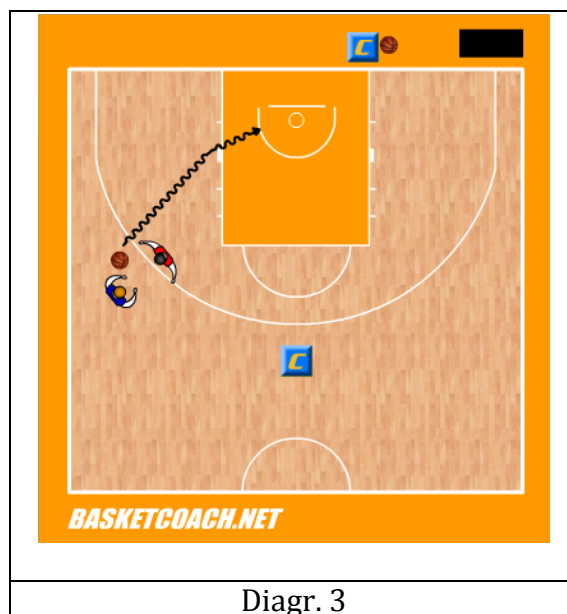
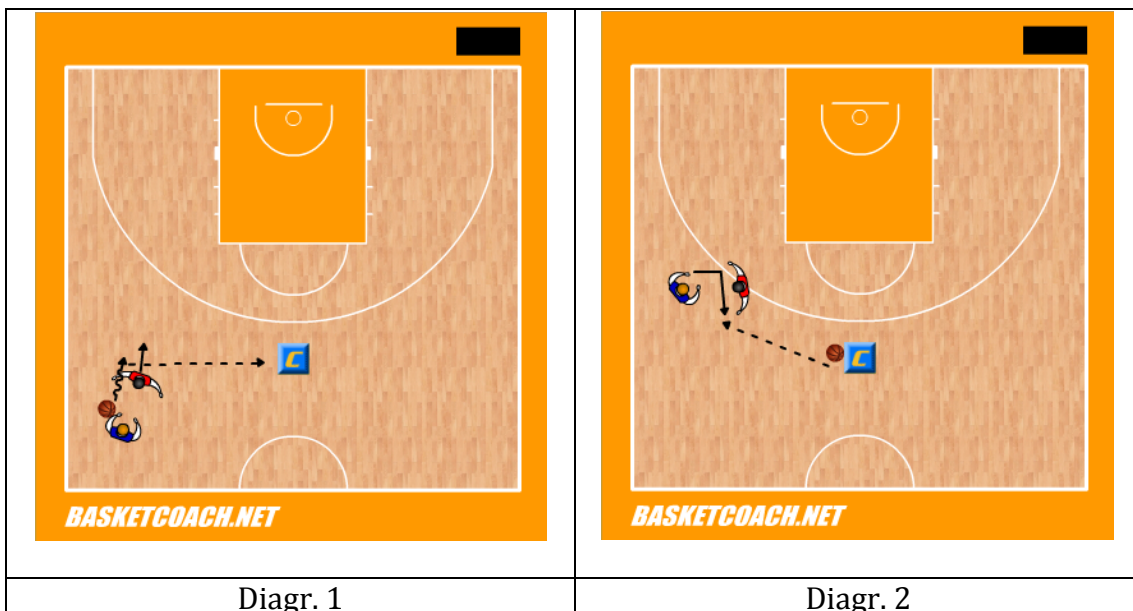


Diagr. 7

# Esercizi

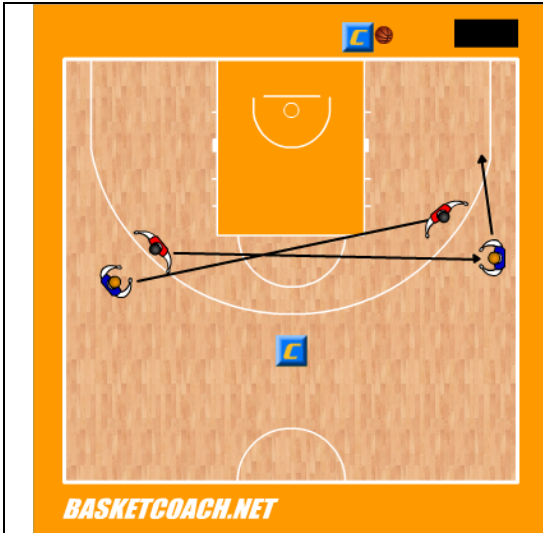
## 1VS1

*Lavoro sulla palla*

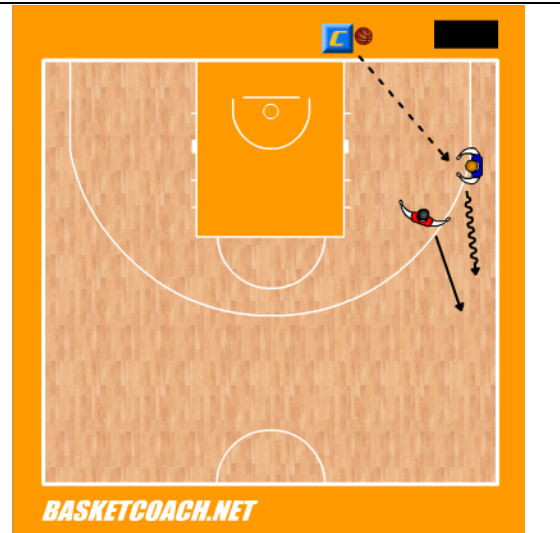


Dopo, cambio attacco / difesa



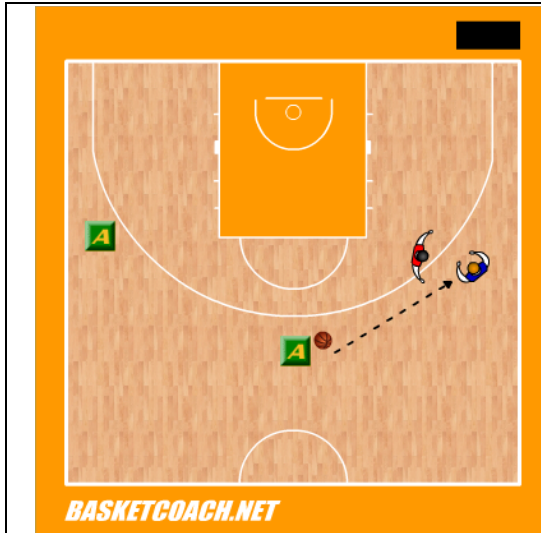


Diagr. 4

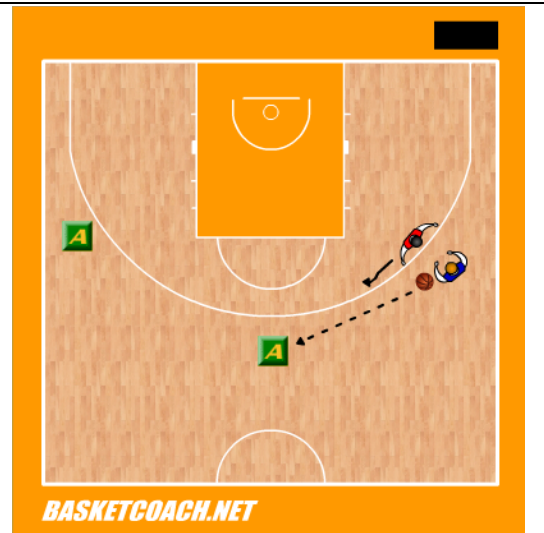


Diagr. 5

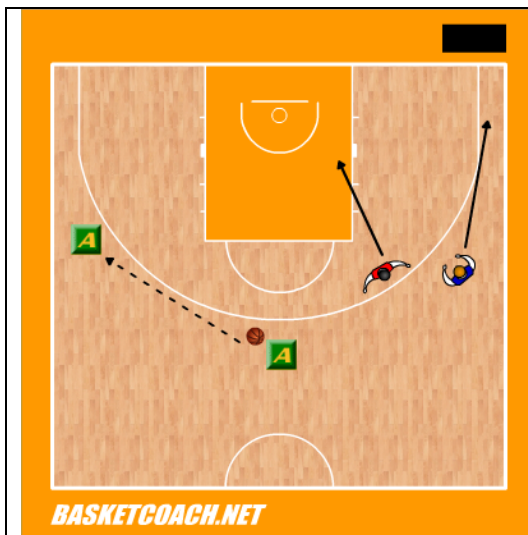
# Esercizi 1VS1 CLOSE OUT



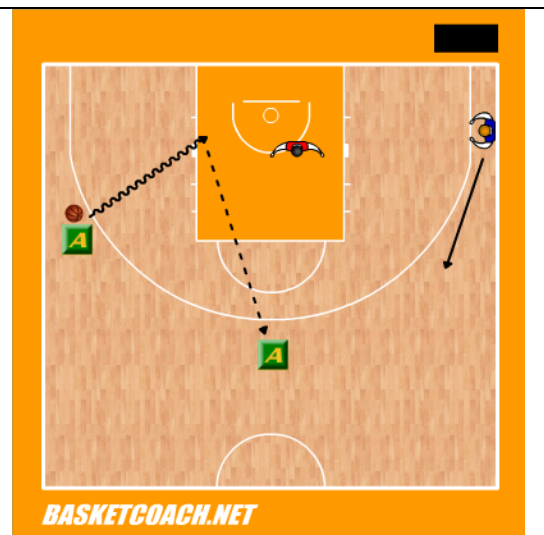
Diagr. 1



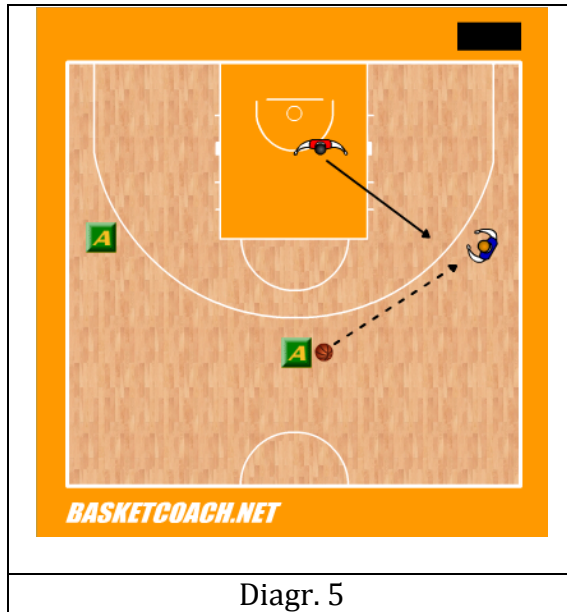
Diagr. 2



Diagr. 3

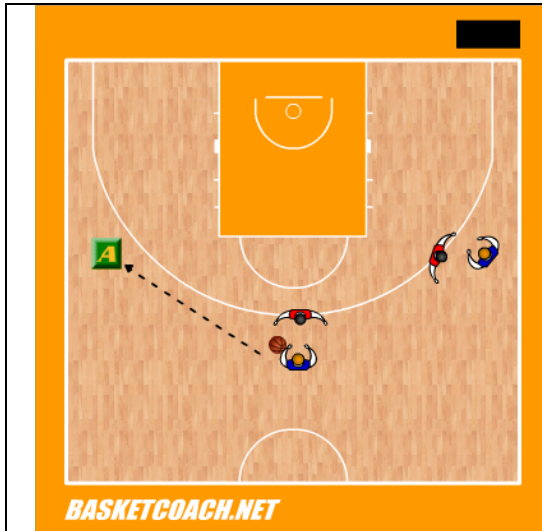


Diagr. 4

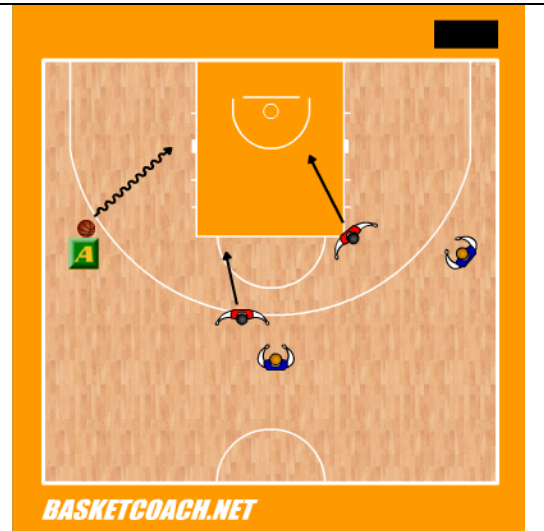


Diagr. 5

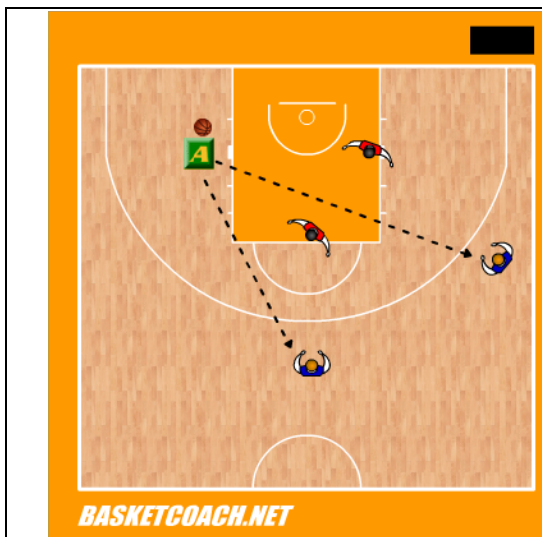
# Esercizi 2VS2 CLOSE OUT



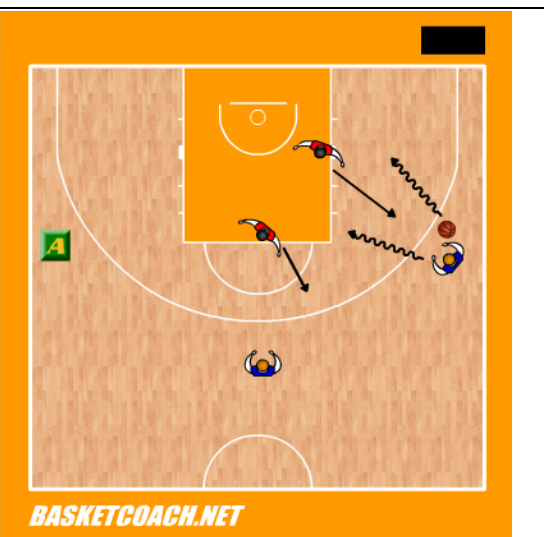
Diagr. 1



Diagr. 2



Diagr. 3



Diagr. 4